



MARGARIDA MENDES DA MOTA

ASSOCIATE

PRACTICE AREAS

Labour and Social Security Law

LANGUAGES

Portuguese, English

EMAIL

mmm@paresadvogados.com

Margarida has developed her practice in the areas of Labour and Social Security Law and Data Protection Law.

Her employment law practice is focused on providing employment advice to companies, assisting with contract negotiations and terminations, advising businesses on day-to-day employment matters, and conducting disciplinary proceedings.

In the field of data protection law, she has been advising clients on compliance with applicable legislation, as well as on the implementation of new rules.

CAREER PATH

- Associate at PARES since September 2026
- Lawyer at Unit LEGAL (2026)
- Trainee Lawyer at Unit LEGAL (2024-2026)

ACADEMIC TRAINING

- Master's degree in Law and Management from Faculdade de Direito, Universidade Católica Portuguesa (Escola de Lisboa) and Católica Lisbon School of Business and Economics (since 2023)
- Postgraduate degree in Data Protection Law from Centro de Investigação de Direito Privado,



Faculdade de Direito, Universidade de Lisboa (2022-2023)

- Law degree from Faculdade de Direito, Universidade de Lisboa (2019-2023)