

SÍLVIA CRISTÓVÃO

MANAGING ASSOCIATE

PRACTICE AREAS

Litigation and Arbitration | Labour and Social
Security Law | Intellectual Property | Data
Protection | Family and Inheritance

SERVICES

French Desk

LANGUAGES

Portuguese, English, French

EMAIL

sc@paresadvogados.com



Sílvia joined PARES in 2015, following its incorporation of Carlos Amaro & Associados, where she had been an associate lawyer since 2000.

Throughout her professional journey, she initially provided general advisory services in various branches of law to public and private entities, which gave her a global perspective on law and the interconnection between different areas in the pursuit of the best solution.

In 2015, she began focusing exclusively on labor law, intellectual property, data protection, family law, succession, and their respective litigation.

She has been the coordinator of the Intellectual Property Department at PARES since 2022.

CAREER PATH

- Coordinating Associate of the Intellectual Property practice area at PARES since 2022
- Associate Lawyer at PARES (2015 – 2022)
- Associate Lawyer at Carlos Amaro & Associados (2000-2015)

- Lawyer in the Legal Department of the Portuguese Council for Refugees (1995-2000)
- Trainee Lawyer at the law firm of Dr. Jorge Gonçalves (1994-1996)

ACADEMIC TRAINING

- Postgraduate in Divorce, Inventory, and Division from the Private Law Research Center - CIDP, Faculty of Law, University of Lisbon (2024)
- EUIPO Trade Mark and Design Education Programme at the European Union Intellectual Property Office - Alicante (2019)
- Postgraduate in Legal and Administrative Sciences from the Faculty of Law, University of Lisbon (1999)
- Degree in Law from the Faculty of Law, University of Lisbon (1994)